



- ***KEEPING YOUR CHILD SAFE*** **Thursday, March 3, 2011** **7:30 to 9:00 p.m.**

This critically important topic will be addressed as we discuss age appropriate prevention and preparedness. The presentation will include: dealing with strangers; child abuse prevention; family safety; what every child should know, and what every parent should know.

- ***LEARNING ABOUT DEATH*** **Thursday, March 23, 2011** **7:30 to 9:00 p.m.**

You don't think you need this seminar...but you do! All children will wonder about death, and the subject is daunting for all of us. Young children can be given a healthy foundation for learning about death, and it starts when the child is around two years old. This seminar will present the language and the process for teaching young children about death...before they are forced to learn about it.

- ***MIRROR, MIRROR:  
Your Child's Body Image*** **Thursday, March 24, 2011** **7:30 to 9:00 p.m.**

Helping our children, girls and boys, to develop a healthy body image is a real challenge in today's "hurry and grow up" world. The factors which contribute to a positive body image and the parents' rolls in its formation will be discussed in this seminar. Practical tips and suggestions for facilitating a positive body image will be offered to parents of even the very young child.

- ***NURSERY SCHOOL KNOW HOW*** **Thursday, January 6, 2011** **7:30 to 9:30 p.m.**

This seminar will acquaint you with early childhood programs (preschools/nursery schools) available in the City and Valley. We will discuss school philosophies, a framework for finding the school that is right for your family, and a time line for observing, choosing, and applying to nursery school.

- ***RAISING A SELF RELIANT CHILD*** **Thursday, March 29, 2011** **7:30 to 9:00 p.m.**

Not only is self reliance an antidote to "brattiness," but it is a trait that forms the foundation of a child's healthy growth and development. This seminar will address the ways parents can cultivate self reliance in children and pave the way for their road to a sense of satisfaction and happiness as they grow.

- ***SIBLINGS!*** **Thursday, February 10, 2011** **7:30 to 9:00 p.m.**

The pleasures of a large family don't have to be overshadowed by sibling problems. This seminar will address sibling relationships, offer suggestions for dealing with the inevitable fights and rivalries, and offer ideas for promoting positive sibling interactions, as well as the pitfalls to avoid.

- ***SMALL TALK IS BIG TALK:  
Communicating With Your Children*** **Thursday, January 27, 2011** **7:30 to 9:00 p.m.**

Our children receive strong messages from us all the time. What we communicate and *how* we say it makes a difference. The words we use for discipline, for praise, for feelings, and in casual chat all contribute to the crucial climate of communication. This seminar will talk the talk.