



Betsy Brown Braun
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Summer 2013

Individual

PARENTING SEMINARS

Presented by Betsy Brown Braun

- ***THE BIRDS and THE BEES:*** **Wednesday, August 21, 2013** **7:30 to 9:00 p.m.**
The Child's Path to Learning About Sexuality

“Where do babies come from?” Being prepared for the tough questions often makes answering them easier. This seminar will explore address “those” questions from a developmental perspective and provide a context for your answers. Children’s emerging sexuality and the accompanying behaviors will be explored.

- ***DISCIPLINE DO'S and DON'TS*** **Wednesday, July 24, 2013** **7:30 to 9:00 p.m.**
Tuesday, August 20, 2013 **7:30 to 9:00 p.m.**

Limits and discipline are challenges for parents of children of all ages as they try to figure out how the world reacts to their actions and behaviors. This seminar will address the whys, whens, and hows of discipline that will lead to the self discipline we want our children to develop.

- ***ELEMENTARY SCHOOL, HERE I COME!*** **Monday, July 15, 2013** **7:30 to 9:30 p.m.**
Wednesday, August 7, 2013 **7:30 to 9:30 p.m.**

A framework for observing, assessing, and choosing an elementary school will be presented at this seminar. Private and public schools in the City and the Valley will be discussed along with the application process, school visits, interviews, and a timeline for applications.

- ***FOOD, GLORIOUS FOOD!*** **Wednesday, July 31, 2013** **7:30 to 9:00 p.m.**

Are food and meal times really glorious? Can a child grow up without eating anything green? How can you have a “family meal” when your child won’t sit at the table? This seminar will address the family food wars...meal times, snack times, junk foods, and offer a fresh approach to food and eating behaviors.

- ***GIMME! GIMME! GIMME!*** **Thursday, August 1, 2013** **7:30 to 9:00 p.m.**

In these economic times, it is more important than ever that we raise children who have more gratitude than gimme. This seminar will address the cures for our children’s spoilage and suggest ways to cultivate the values we believe to be the most important.

- ***KEEPING YOUR CHILD SAFE*** **Tuesday, July 30, 2013** **7:30 to 9:00 p.m.**

This critically important topic will be addressed as we discuss age appropriate prevention and preparedness. The presentation will include: dealing with strangers; child abuse prevention; family safety; what every child needs to know ,and what every parent should know.

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- **MIRROR, MIRROR:** **Tuesday, August 6, 2013** **7:30 to 9:00 p.m.**
Your Child's Body Image

Helping our children, girls and boys, to develop a healthy body image is a real challenge in today's "hurry and grow up" world. The factors which contribute to a positive body image and the parents' rolls in its formation will be discussed in this seminar. Practical tips and suggestions for facilitating a positive body image will be offered to parents of even the very young child.

- **NURSERY SCHOOL KNOW HOW** **Tuesday, August 27, 2013** **7:30 to 9:30 p.m.**

This seminar will acquaint you with early childhood programs (preschools/nursery schools) available in the City and Valley. We will discuss school philosophies, a framework for finding the school that is right for your family, and a timeline for observing, choosing, and applying to nursery school.

- **RAISING A SELF-RELIANT CHILD** **Monday, July 22, 2013** **7:30 to 9:00 p.m.**

Every parent wants her child to be self-reliant. Learning how to cultivate this character trait that will put your child on the path to making his way in a world filled with distractions and saboteurs is what this seminar addresses.

- **SIBLINGS!** **Thursday, July 18, 2013** **7:30 to 9:00 p.m.**

The pleasures of a large family don't have to be overshadowed by sibling problems. This seminar will address sibling relationships, offer suggestions for dealing with the inevitable fights and rivalries, and offer ideas for promoting positive sibling interactions, as well as the pitfalls to avoid.

- **SMALL TALK IS BIG TALK:** **Wednesday, August 14, 2013** **7:30 to 9:00 p.m.**
Communicating With Your Children

Our children receive strong messages from us all the time. What we communicate and *how* we say it makes a difference. The words we use for discipline, for praise, for feelings, and in casual chat all contribute to the crucial climate of communication. This seminar will talk the talk.

Registration information can be found at <http://betsybrownbraun.com/services/register-now/>

After May 20, please email to confirm (info@parentingpathways.com) that there is still space in the seminar(s) for which you wish to register before mailing your registration and check.

