



Betsy Brown Braun  
PARENTING PATHWAYS®, Inc.  
(310) 459-9209  
info@parentingpathways.com

*Summer 2012*  
**Individual**  
**PARENTING SEMINARS**  
Given by Betsy Brown Braun

- ***DISCIPLINE DO'S and DON'TS***  
Wednesday, July 18, 2012      7:30 to 9:00 p.m.  
Wednesday, August 8, 2012      7:30 to 9:00 p.m.

Limits and discipline are challenges for parents of children of all ages as they try to figure out how the world reacts to their actions and behaviors. This seminar will address the whys, whens, and hows of discipline that will lead to the self discipline we want our children to cultivate.

- ***ELEMENTARY SCHOOL, HERE I COME!***  
Tuesday, July 10, 2012      7:30 to 9:30 p.m.

A framework for observing, assessing, and choosing an elementary school will be presented at this seminar. Private and public schools in the City and the Valley will be discussed along with the application process, including school visits, interviews, and a timeline for applications.

- ***KEEPING YOUR CHILD SAFE***  
Tuesday, July 17, 2012      7:30 to 9:00 p.m.  
Tuesday, August 7, 2012      7:30 to 9:00 p.m.

This critically important topic will be addressed as we discuss age appropriate prevention and preparedness. The presentation will include: dealing with strangers; child abuse prevention; family safety; what every child should know, and what every parent should know.

- ***MIRROR, MIRROR: Your Child's Body Image***  
Wednesday, July 11, 2012      7:30 to 9:00 p.m.

Helping our children, girls and boys, to develop a healthy body image is a real challenge in today's "hurry and grow up" world. The factors which contribute to a positive body image and the parents' rolls in its formation will be discussed in this seminar. Practical tips and suggestions for facilitating a positive body image will be offered to parents of even the very young child.

*(continued)*

- ***NURSERY SCHOOL KNOW HOW***

**Tuesday, July 24, 2012**

**7:30 to 9:30 p.m.**

This seminar will acquaint you with early childhood programs (preschools/nursery schools) available in the City and Valley. We will discuss school philosophies, a framework for finding the school that is right for your family, and a timeline for observing, choosing, and applying to nursery school.

- ***RAISING A SELF RELIANT CHILD***

**Wednesday, August 15, 2012**

**7:30 to 9:00 p.m.**

Every parent wants her child to be self-reliant. Learning how to cultivate this character trait that will put your child on the path to making his way in a world filled with distractions and saboteurs is what this seminar addresses.

- ***SIBLINGS!***

**Wednesday, July 25, 2012**

**7:30 to 9:00 p.m.**

The pleasures of a large family don't have to be overshadowed by sibling problems. This seminar will address sibling relationships, offer suggestions for dealing with the inevitable fights and rivalries, and offer ideas for promoting positive sibling interactions, as well as the pitfalls to avoid.

Registration information can be found at <http://betsybrownbraun.com/services/register-now/>

**After May 25, please email to confirm that there is still space in the seminar(s) for which you wish to register *before* mailing your registration and check.**

